

Week One

22nd April, 13th May, 10th June, 1st July & 22nd July

Monday

Margherita Pizza 1.3,9
Summer Frittata 2,9 #
Jacket Potato with a Choice of Toppings 2,9,9
Warm Pasta Salad 1
Sweetcorn
Pepper Sticks #
Selection of Salads 9 #
Peaches & Custard 7 #
Mr Nourish Biscuit 1
Fruit Pots #

Tuesday

Beef Burger 1,3,6
Cheese, Tomato & Herb Penne 1,7
Jacket Potato with a Choice of Toppings 2,9,9
Jacket Wedges
Baked Beans & Green Beans
Selection of Salads 9 # & Homemade Bread 1,3,2,9
Ice Cream 7
Mr Nourish Biscuit 1
Fruit Pots #

Wednesday

Roast Chicken & Gravy
Vegetable Sausage Roll 1
Jacket Potato with a Choice of Toppings 2,9,9
Mashed Potatoes #
Broccoli #, Swede & Carrots #
Selection of Salads 9 # & Homemade Bread 1,3,2,9
Brownie 1,9
Mr Nourish Biscuit 1
Fruit Pots # & Yoghurt 7 #

Sugarwise Thursday

Bolognese Twists 1 #
Cauliflower Curry & Rice
Jacket Potato with a Choice of Toppings 2,9,9
Wholemeal Garlic & Herb Bread 1,3,2,9
Seasonal Vegetables #
Selection of Salads 9 #
Mandarin & Melon Medley
Fruit Pots # & Yoghurt 7 #

Friday

Salmon Fish Cake 1,8 or Fish Fingers 1,8
Bean & Beet Burger 4
Jacket Potato with a Choice of Toppings 2,9,9
Chips
Peas & Coleslaw 9 #
Selection of Salads 9 # & Homemade Bread 1,3,2,9
Apricot Cookie 1,3,2,9
Fruit Pots # & Yoghurt 7 #

Week Two

29th April, 20th May, 17th June & 8th July

Monday

Sweet Pepper & Tomato Pasta Bake 1,7
Sweet & Sour Vegetables & Rice 6
Jacket Potato with a Choice of Toppings 2,9,9
Garlic Bread 1,3,2,9
Carrots # & Sweetcorn
Selection of Salads 9 #
Ice Cream 7
Mr Nourish Biscuit 1
Fruit Pots #

Tuesday

Homemade Sausage Roll 1,6
Falafel Balls in Tomato Sauce 6
Jacket Potato with a Choice of Toppings 2,9,9
Mashed Potatoes #, Peas & Baked Beans
Selection of Salads 9 # & Homemade Bread 1,3,2,9
Banana & Chocolate Custard 7 #
Mr Nourish Biscuit 1
Fruit Pots #

Wednesday

Roast Pork & Gravy
Squash & Beanie Turnover 1
Jacket Potato with a Choice of Toppings 2,9,9
Rustic Roast Potatoes #
Seasonal Vegetables #
Selection of Salads 9 # & Homemade Bread 1,3,2,9
Crispie Cake 2,6
Mr Nourish Biscuit 1
Fruit Pots # & Yoghurt 7 #

Sugarwise Thursday

Chicken & Coconut Curry 6
Cheesy Fusilli Pasta 1,7 #
Jacket Potato with a Choice of Toppings 2,9,9
Rice, Broccoli # & Carrots #
Selection of Salads 9 # & Homemade Bread 1,3,2,9
Tropical Fruit Salad
Fruit Pots # & Yoghurt 7 #

Friday

Fish Fingers 1,8
Brushetta 1,7
Jacket Potato with a Choice of Toppings 2,9,9
Chips & Baked Beans
Coleslaw 9 #
Selection of Salads 9 # & Homemade Bread 1,3,2,9
Fruity Flapjack 1,5
Fruit Pot # & Yoghurt 7 #

Week Three

6th May, 3rd June, 24th June & 15th July

Monday

Macaroni Cheese 1,7 #
Chickpea Jambalaya
Jacket Potato with a Choice of Toppings 2,9,9
Wholemeal Tomato Bread 1,3,2,9
Peas & Carrots #
Selection of Salads 9 #
Ice Cream 7
Mr Nourish Biscuit 1
Fruit Pots #

Tuesday

Meat Feast Pizza 1,3,2,9
Stuffed Sweet Potato 7 #
Jacket Potato with a Choice of Toppings 2,9,9
Warm Pasta Salad 1
Sweetcorn
Coleslaw 9 #
Selection of Salads 9 #
Strawberry Whip 7
Mr Nourish Biscuit 1
Fruit Pots #

Wednesday

Roast Gammon & Gravy
Quornish Pasty 1,9
Jacket Potato with a Choice of Toppings 2,9,9
Rustic Roast Potatoes #
Carrots # & Cabbage #
Selection of Salads 9 # & Homemade Bread 1,3,2,9
Fruit Jelly
Mr Nourish Biscuit 1
Fruit Pots # & Yoghurt 7 #

Sugarwise Thursday

Chicken Pie 1
Mediterranean Penne 1
Jacket Potato with a Choice of Toppings 2,9,9
New Potatoes #
Seasonal Vegetables #
Selection of Salads 9 # & Homemade Bread 1,3,2,9
Fruit Loaf 1,3,2,9
Fruit Pots # & Yoghurt 7 #

Friday

Fish Fingers 1,8
Rice & Bean Burrito 1
Jacket Potato with a Choice of Toppings 2,9,9
Chips
Peas
Baked Beans
Selection of Salads 9 # & Homemade Bread 1,3,2,9
Oaty Biscuit 1,5
Fruit Pots # & Yoghurt 7 #

Dishes marked with any of the following numbers contain the matching allergen:

Allergen code: (1) Wheat Gluten (2) Crustaceans (3) Soybean (4) Mustard (5) Sesame (6) Sulphites/Sulphur Dioxide (7) Milk (8) Fish (9) Egg (10) Peanuts (11) Molluscs (12) Celeriac/Celery (13) Nuts (14) Lupins (15) Oat Gluten (16) Barley Gluten
Key: # Seasonal, Local Fruit & Veg # Organic Foods



Some of our schools may use pre-prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.